



**Shannon
Chamber**
Advancing business together



**Mid-West
Sustainability Network**



Sustainability Week

22 – 25 September 2025

S4
Conference

Developing a
Sustainability
Mindset

Thursday, 25 September 2025

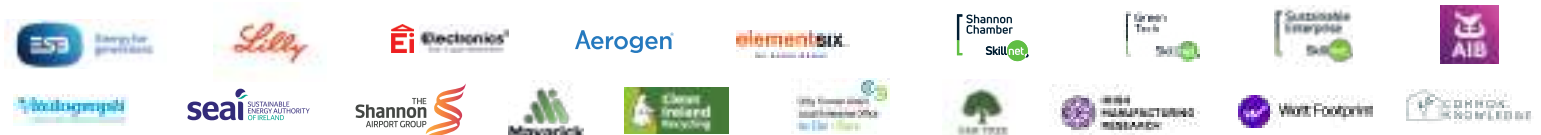
#midwestsustainability

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**to Sustainability Week 2025,
organised by Shannon Chamber
via its member-led
Mid-West Sustainability Network.**

Sustainability Week
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Since 2023, the Mid-West Sustainability Network has been helping businesses advance their sustainability efforts and achieve their environmental goals.

By fostering peer-to-peer learning and collaboration, the Network provides a platform for sustainability practitioners to connect, share challenges, and exchange best practices - empowering companies to drive meaningful progress towards their environmental ambitions.

Concentrating on four critical sustainability pillars = **(S4)**



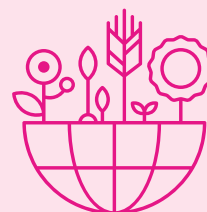
Waste – a critical priority for achieving the 17 Sustainable Development Goals (SDGs) by 2030



Water – promoting sustainable water management within businesses



Energy – central to advancing the sustainability agenda through 2030



Biodiversity – motivating companies to invest in initiatives that restore and protect natural ecosystems

The Network's annual calendar of activities build up to Sustainability Week – a blend of in-person and virtual events that showcase how adopting sustainable practices can bring real benefits to organisations working to lower their carbon footprint and achieve net-zero goals.

Be part of it... Book online – Book early

Don't miss out on this invaluable opportunity to elevate your business to the next level of sustainability.

Monday, 22 September: Mid-West Sustainability Week LAUNCH

Venue: Ei Electronics Centre of Excellence, Shannon Free Zone

Event	Time	Title
Seminar	09:00 – 10:30	Mid-West Sustainability Week launch with presentations (followed by panel discussion) by: Tom O'Carroll , Director Manufacturing, Ireland, Zimmer Biomet David Keating , Group Chief Operations Officer, Ei Electronics Sinéad Murphy , Head of Sustainability, The Shannon Airport Group
Event #2, Venue: Ei Electronics Centre of Excellence, Shannon Free Zone		
Seminar	11:00 – 12 noon	Empowering Business to Decarbonise – SEAI Supports for Business Presented by Aoife Madden and Aidan Condell , Programme Executives, SEAI Reducing Costs and Carbon Emissions – A Case Study Presented by John Gavin , Co-Owner, Shannon Springs Hotel
Event #3, Venue: Online		
Webinar	15:00 – 16:00	The Electrification Era: Heat, Transport & the Road to Net Zero Presented by Eoghan Conway and Kevin Hourigan , Customer Solutions Managers, ESB Smart Energy Services.

Tuesday, 23 September

Event #1, Venue: Britvic Ireland, Castle Demesne, Newcastle West, Co. Limerick, V42D452

Event	Time	Title
Seminar/ Site tour	11:00 – 14:00	Harnessing the Power of Ireland's Natural Resources Presented by Sian Young , Sustainable Business and Corporate Affairs Director, Britvic Ireland; Kieran Stack , Plant Manager, Ballygowan: Britvic Ireland; and Kevin McGourty , Senior Sustainability Manager, Britvic Ireland.
Event #2, Online		
Webinar	15:00 – 16:00	Rethinking the Commute: Turning Everyday Travel into a Sustainability Win Presented by Addi Colgan , Sales Manager Ireland, KINTO Join Ltd.
Event #3, Online		
Webinar	09.30 – 10.30	Reporting Smarter: What SMEs need to know about the EU's ESG shake-up Presented by Carol Walsh , Founder, Carbon Reduction Ireland, and Kim Knowles , Founder, The Change We Need.

Wednesday, 24 September

Event #1, Venue: Ei Electronics, Shannon Free Zone (assemble @ Centre of Excellence)

Event	Time	Title
Site tour	09:00 – 10:30	Ei Electronics' 14-acre (33,000 m2) campus comprises a mix of buildings from the 1960s and a new net zero energy building (NZEB). This site tour will detail the energy savings and sustainable technologies already implemented, including solar PV, heat pumps, rainwater harvesting, LED lighting, air handling units and power purchasing agreement (PPA). It will also showcase 'before' and 'after' scenarios – highlighting the transformation from the original 1960s' buildings to recently refurbished and upgraded low-energy manufacturing units and offices.
Event #2, Venue: Zimmer Biomet, Building 2, East Park, Shannon Industrial Estate, Shannon, Co. Clare		
Lunch and Learn	12:30 – 14:00	Fostering Commitment to Climate Action From Root to Roof: Forestry's Role in a Sustainable Future Presented by Dermot Fenton , Woodlands Resource Manager, Dr. Amy Haigh , Biodiversity and Mammal Lead, and Anne Pears , New Business Development Manager, VEON and by Elizabeth Murphy , Environment, Health and Safety Manager, Cook Medical. This event, which will include a case study on Irish Estate and Distillery, will address the issue of climate change in achieving forestry goals; forestry's role in providing building resources for future sustainability; ecology services and biodiversity. Partnering for a Greener Future: Council and Community Climate Solutions in Clare Presented by Morgan Lahiffe , Senior Engineer and Climate Action Coordinator, Clare County Council.

Full details on each of the above events and bookings for each event can be accessed at www.shannonchamber.ie/events-training/



About the Speakers

Monday, 22 September

**Tom O'Carroll, Director Manufacturing, Ireland,
Zimmer Biomet**



An experienced and inclusive leader, with a demonstrated track record of implementing change and delivering results through people and process, Tom is committed to the guiding principles of integrity, accountability and developing talent to strengthen

an organisation. He continually seeks out value propositions to both organisation and customer and through engagement, collaboration and innovation, delivers results that facilitate growth and foster a winning culture.

**David Keating, Group Chief Operations Officer,
Ei Electronics**



David is a Director of Ei Electronics in Shannon. With turnover in excess of €400 million and over 1,250 employees worldwide, 1,100 of whom are based in Shannon, Ei is one of the region's largest employers. David has direct responsibility for manufacturing

technology and facilities management. He is part of Ei's Steering Group to be Net Zero Carbon by 2030. He is also part of Ei's Sustainability Strategy Steering Group, key to defining the Company's sustainability targets and decarbonisation strategy.

**Sinéad Murphy, Head of Sustainability,
The Shannon Airport Group**



Sinéad joined The Shannon Airport Group in 2021 as Head of Sustainability. The Group's core businesses include Shannon International Airport and an extensive commercial property portfolio across its Shannon Campus and the mid-west region. Sinéad is

responsible for developing and delivering the Group's sustainability strategy and overseeing the company's transition to a low-carbon business. Sinéad joined the Group from WRAP, a climate action NGO, where she successfully worked with senior business leaders across multiple sectors, to implement supply chain decarbonisation programmes. Prior to this she spent over 15 years in London and Sydney working in property and infrastructure development, advising on sustainable design and implementation. She is a chartered environmentalist, holds a BSc Environmental Science, MSc Environmental Engineering, and a Diploma in Applied Project Management.

Aoife Madden, Programme Executive, SEAI



Aoife is a Programme Executive at the Sustainable Energy Authority of Ireland (SEAI), where she works on the Business Supports Programme. SEAI is Ireland's national sustainable energy authority, dedicated to supporting households, businesses, communities, and

government in creating a cleaner energy future. Prior to joining SEAI in 2024, Aoife worked across IDA Ireland and Enterprise Ireland, encouraging business growth through engagement and uptake of grant supports. In her current role, she collaborates with SMEs across all sectors to support their decarbonisation journeys through education, training, engagement, and financial supports.



About the Speakers

Aidan Condell, Programme Executive at the Sustainable Energy Authority of Ireland (SEAI)



Aidan is a Programme Executive at the Sustainable Energy Authority of Ireland (SEAI), where he works on the administration of Ireland's Energy Efficiency Obligation Scheme (EEOS). Under the EEOS, energy suppliers and distributors are obligated to support energy

efficiency projects in Irish homes, businesses, and communities. With a master's in Mechanical Engineering and a background in project management, Aidan provides technical support and expertise to stakeholders under the EEOS. In his current role, he works with obligated parties and non-residential customers on the measurement and verification of energy savings.

Eoghan Conway, Customer Solutions Manager, ESB Smart Energy Services



Eoghan has 14 years' experience in business development across the residential, commercial, and industrial sectors in the implementation of energy efficiency projects. He has a background in solar thermal, solar PV, air to water heat pumps, exhaust air heat pumps, thermal

storage and hot water storage design and sales. Following his appointment as Customer Solutions Manager at ESB, he has taken a leading role in delivering renewable energy technologies for clients in the UK and Ireland. Eoghan is a solutions-focused professional with broad exposure to driving large-scale engineering projects while completing deliverables within predefined time, scope, and budget constraints.

Kevin Hourigan, Customer Solutions Manager, ESB Smart Energy Services



Kevin is the Customer Solutions Manager with ESB Smart Energy Services, an energy services business specialising in electrification of heat, transport and energy efficiency. He has over ten years' experience working with utilities across Ireland and UK. Kevin led the team that

delivered Ireland's first Electric Bus Depot for Bus Eireann in Athlone that launched in 2023. He is supporting public and private organisations on their journeys to electrify their fleets, be they cars, trucks, vans or buses.



About the Speakers

Tuesday, 23 September

Sian Young, Sustainable Business and Corporate Affairs Director, Britvic Ireland



Sian is the Sustainable Business and Corporate Affairs Director at Britvic Ireland, part of Carlsberg Group and the largest soft drinks manufacturer in the Republic of Ireland. Sian has worked at Britvic Ireland for over 19 years. Starting in marketing, she worked on the Ballygowan

brand for many years and made the move in to her current field after leading a project exploring how to make the brand more sustainable. She worked with the local leadership team to optimise the Ballygowan range and today the Newcastle West bottling site is a lighthouse for sustainability. A passionate advocate for locally sourced food and drink Sian is also a non-executive director of Love Irish Food and has been recognised as a leader in sustainability including receiving the inaugural Pakman ESG Industry Leader Award.

Kieran Stack, Plant Manager, Ballygowan: Britvic Ireland



Kieran is a seasoned Plant Manager with extensive experience in multinational manufacturing environments. He excels in building high-performance teams through lean leadership principles and is committed to continuous learning, holding diplomas in

coaching, leadership, and change management. Outside of his professional role, Kieran is a dedicated Gaelic football coach, bringing the same passion for development and excellence to the field.

Kevin McGourty, Senior Sustainability Manager, Britvic Ireland



Kevin is Senior Sustainability Manager for Britvic Ireland. In his 29 years with the company, he has held various roles across production, quality, and most recently, project and programme management. Kevin is a self-confessed nature nerd where his passion begins at home,

dedicating his urban garden to a wildlife pond surrounded by whatever flowers nature decides to throw in. Within Britvic Ireland, Kevin is dedicated to steering the company on its decarbonisation path, reduce water use through great water stewardship, while supporting nature and biodiversity.

Addi Colgan Sales Manager Ireland, KINTO Join Ltd.



Addi is Sales Manager for Ireland with KINTO Join Ltd, a provider of sustainable mobility applications. Responsible for overseeing and leading KINTO Join's sales strategy in Ireland, and driving business growth through engaging with stakeholders and the wider

KINTO Join team based in Europe. A promoter of sustainable commuting options to private and public sector organisations in Ireland, Addi assists companies in reducing their scope three emissions through using KINTO Join's digital mobility platform. Prior to joining KINTO Join, Addi was Key Account Manager for Northgate Vehicle Hire for several years. Prior to this, she held the role of Business Development Manager at Sixt Leasing and was National Sales Manager at Enterprise Rent-A-Car before that. Addi holds a Bachelor of Arts from the University of Liverpool in Criminology and Sociology.



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Carol Walsh, Founder, Carbon Reduction Ireland



Carol is a chartered civil engineer, with an MBA from Smurfit Business School and decades of industrial experience in circular economy and resource recovery industries. Carol specialises in working with SMEs providing practical, hands-on strategies to reduce a business's

impact on people and planet and help turn sustainability from a challenge into a competitive advantage. This small sustainable consultancy empowers organisations to embed sustainable practices into their core operations, becoming a brand of choice for customers and employees and ensuring a long-term resilient business. Carol has a Level 7 in Sustainable Resource Management from the University of Limerick and is a qualified Greenhouse Gas lead verifier to ISO14064-1 & 3.

Kim Knowles, Founder, The Change We Need



Kim is an accredited consultant with over 20 years of experience delivering transformational change across sectors including energy, healthcare, financial services, and film and TV. She has worked on high-profile projects both in Ireland and internationally, bringing a

practical, insightful approach to complex change initiatives. Kim specialises in sustainability strategy, ESG advisory, and reporting. She combines deep technical knowledge with a talent for making ESG concepts accessible – offering clients tailored solutions through training, communications, and implementation support. Backed by a trusted network of specialised partners, Kim helps organisations cut through complexity, decode sustainability jargon, and move confidently towards their ESG goals.



About the Speakers

Wednesday, 24 September

Dermot Fenton, Woodlands Resource Manager, VEON



Dermot has over 30 years' experience as a professional forester manager both in Ireland and the UK. Having graduated from Aberdeen University with a BSc in Forest Management his earlier career was spent in plantation establishment and maintenance.

He is a technical member of the

Society of Irish Foresters (MSIF). Dermot joined Veon as Woodland Resource Manager in 2021 with his role ranging from establishing and managing woodland projects to carrying out due diligence on the purchase of multimillion-euro forestry portfolios on behalf of institutional investors and family wealth funds. His experience is wide ranging and includes all aspects of woodland management; from establishment to harvesting, including managing forest portfolios and all operations within, forest valuations, plantation purchasing, forest estate management, continuous cover forest management, forest inventory and planning, forest roading, woodland improvement, neighbour wood schemes along with consultancy services. Dermot's role has expanded over time into the management of woodland estates and project coordinator for landscaping operations within large-scale renewable projects. This work on estates involves the management of commercial conifers, conversion of old woodlands to native woodlands, invasive species plans to remove laurel and rhododendron, constructing and upgrading the infrastructure. On renewable projects, Dermot is responsible for overseeing the establishment of new native hedgerows and reinstating existing ones.

Dr. Amy Haigh, Biodiversity and Mammal Lead, VEON



Amy Haigh has twenty years' experience conducting research and working in the field of ecology, with extensive stakeholder engagement and survey skills. Amy has obtained funding and lead independent research on three mammal related projects through her PhD at University College

Cork and subsequent post docs in conjunction with Fota Wildlife Park and University College Cork and in Teagasc Moorepark. While working in University College Dublin, she assisted on several projects on the fallow deer at Phoenix Park with the Lab of Wildlife Ecology and Behaviour. She subsequently worked on multiple plans advising landowners on enhancing their land for biodiversity and amalgamating research on this topic. Amy has disseminated her research through several mediums including 40 publications in peer reviewed journals, presenting at international conferences, stakeholder workshops, teaching and through the popular press. Since joining Veon in 2024, she has been involved in several large projects, collecting data for ecological assessment as well as for specific bird and mammal surveys. These have informed subsequent reports such as Natura Impact Statements (NIS), Environmental Impact Statements (EclA), Biodiversity Management Plans (BMP), Winter Bird and Breeding Bird Survey Reports and Non-Volant Mammal Reports, which Amy has produced.



About the Speakers

Anne Pears, New Business Development Manager, VEON



Anne is a dynamic business development leader currently working in forestry, ecology, and arboriculture (tree health surveys). At Veon, Anne drives CSR initiatives that enable SMEs and corporations to actively contribute to climate change mitigation and biodiversity

conservation. Veon manages some projects of Ireland's most significant estates, including Ballyfin Demesne, Slane Castle Estate, Brown Forman Distillery, Collatin Estate. At Veon, Anne also works extensively with architects, construction companies, State and semi-state bodies, wind and solar farms, County and City Councils and private companies across Ireland – in terms of ecology and tree health surveys. She has over 20 years' experience in medical device and pharmaceutical manufacturing through to packaging, from startups, to corporate scaling, where she excelled in project management and strategic growth. Understanding the corporate world and how bespoke projects outside of the four walls can have a massive impact on employee engagement and community, leaving a gift for future generations. Anne is passionate about increasing biodiversity on our beautiful Island of Ireland where we can all play our part.

Morgan Lahiffe, Senior Engineer and Climate Action Coordinator, Clare County Council



A graduate of the University of Galway with a degree in civil engineering, Morgan is Senior Engineer and Climate Action Coordinator with Clare County Council. He leads the Council's Climate Action and Energy section, overseeing the development and

implementation of Clare's first Climate Action Plan, adopted in 2024. This work is focused not only on meeting statutory emissions and energy efficiency targets but also on supporting communities and sectors across the county in adopting sustainable practices and committing to climate action. Morgan's responsibilities include advancing energy management strategies, promoting responsible consumption, and overseeing the retrofitting of council assets to improve efficiency and sustainability. Beyond the public sector, Morgan has a decade of experience in large-scale civil engineering projects, spanning wastewater treatment facilities, motorway construction, and commercial and industrial developments.



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Venue:

Radisson Blu Hotel
Ennis Road
Limerick
V94 YA2R



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Conference Programme

Conference MC: Barry Gavin. Chair, Mid-West Sustainability Network

08:30	Registration and light refreshments
09:00	Welcome and Introductions Helen Downes, CEO, Shannon Chamber
09:15  Chair: Barry Gavin	The Tone at the Top This panel brings together senior leaders who are driving meaningful change within their organisations - setting ambitious climate goals, integrating ESG into core strategy, and innovating for a more sustainable future. They will discuss the structures, resources and processes they have implemented to embed a culture of sustainability across their companies. Gain firsthand perspectives on leadership, accountability, and the evolving role of business in addressing global environmental and social challenges. <u>Panellists</u> Sian Young , Sustainable Business and Corporate Affairs Director, Britvic Ireland Tom O'Carroll , Director Manufacturing, Ireland, Zimmer Biomet Vicky Howard , Country Manager – Ireland, Reagecon Mike Finn , Facilities Director, Dexcom
10:30	Coffee/Tea Break
11:00  Chair: Kathleen O'Regan, Senior Executive, Enterprise Ireland	Driving Mindset Lasting sustainability starts with leadership that can shift mindsets. This panel will discuss how they are shifting mindsets, building internal momentum, and embedding sustainability into the core of business culture. They will explore how to engage teams across functions, and create lasting, organisation-wide change that goes beyond compliance or surface-level commitments. <u>Panellists</u> Sharon McManus , Group Head of Sustainability, ESB Laura Greaney , Business Development Manager, ABC Nutritionals Emma Ryan , EHS Specialist, Aerogen Ltd Shane Cooke , Director of Engineering, AIR Shannon (Formerly Modular Automation)
12:15	LUNCH and networking with service providers and agencies
14:00  Chair: Sinéad Murphy, Head of Sustainability, The Shannon Airport Group	Bringing Sustainability to Life This session will showcase projects that companies have implemented to drive environmental and social impact within their organisations. Their presentations will offer practical insights into what it takes to turn strategy into execution. Panellists will reflect on lessons learned, barriers overcome, and the measurable outcomes of their efforts, offering inspiration and guidance for anyone looking to accelerate sustainability within their own organisation. <u>Panellists</u> John Mulleady , Managing Director, AiP Thermoform Packaging Gavin O'Mahony , EHS & Facilities Manager, Cook Medical Anthony McGarry , Global Director CPS Energy Management, Coca Cola Ballina Eamon Foley , EHS lead, Astellas Ireland (Kerry)
14:45	KEYNOTE ADDRESS Driving Behavioural Change towards Sustainable Practices Gary Keegan , CEO, Uppercut Q&A
15:30	Closing Remarks Helen Downes, CEO, Shannon Chamber

NOTE: The Conference will also feature a Vendors' and Agencies' showcase.



About the Presenters

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Barry Gavin, Chair, Mid-West Sustainability Network



Barry Gavin is the Chair of the Mid-West Sustainability Network. Barry is a qualified accountant with over twenty years' experience in the area of Clean Energy and Sustainable Investment. Barry is a member of the Institute of Directors. He is a member of the board of An Post, and is the Chair of the An Post People and Sustainability Committee. He is the

Chair of Future Energy Ireland, an independent director on the Board of the City of Dublin Energy Management Agency (CODEMA) and an independent director with the Arjun Investment Clean Energy Fund. Barry is also an adjunct lecturer in the UCD Smurfit Business School and in the University of Galway, where he lectures in Sustainable Finance.

Introduction & Summation

Helen Downes, Chief Executive, Shannon Chamber



Chief Executive of Shannon Chamber since 2008, Helen has been instrumental in transforming the Chamber into a dynamic force for regional economic development and business advocacy. Under her leadership, the Chamber has launched a series of strategic initiatives that foster collaboration between the public and private sectors, both nationally and

internationally, significantly expanding its membership and influence. Helen plays a pivotal role in championing the interests of the Chamber's 330+ members - engaging with key stakeholders, policy makers, and influencers to address barriers to enterprise growth and promote sustainable economic development at local, regional, and national levels. Helen brings a unique blend of strategic vision, stakeholder engagement expertise, and a deep commitment to regional progress.

Sian Young, Sustainable Business and Corporate Affairs Director, Britvic Ireland



Sian is the Sustainable Business and Corporate Affairs Director at Britvic Ireland, part of Carlsberg Group and the largest soft drinks manufacturer in the Republic of Ireland. Sian has worked at Britvic Ireland for over 19 years. Starting in marketing, she worked on the Ballygowan brand for many years and made the move in to her current field after leading a project

exploring how to make the brand more sustainable. She worked with the local leadership team to optimise the Ballygowan range and today the Newcastle West bottling site is a lighthouse for sustainability. A passionate advocate for locally sourced food and drink Sian is also a non-executive director of Love Irish Food and has been recognised as a leader in sustainability including receiving the inaugural Pakman ESG Industry Leader Award.

Tom O'Carroll, Director Manufacturing, Ireland, Zimmer Biomet



An experienced and inclusive leader, with a demonstrated track record of implementing change and delivering results through people and process, Tom is committed to the guiding principles of integrity, accountability and developing talent to strengthen an organisation. He continually seeks out value propositions to both organisation and customer and through engagement, collaboration

and innovation, delivers results that facilitate growth and foster a winning culture.

Vicky Howard, Country Manager – Ireland, Reagecon



Vicky is the Country Manager at Reagecon Diagnostics Limited (Shannon) and Carl Stuart Limited (Dublin) – Calibre Scientific companies. Reagecon is the world's largest producer of physical and chemical standards and Carl Stuart is a leading laboratory supplies distribution and technical service business. With over two decades of

experience, starting at Reagecon in January 2004, Vicky has held various roles, including HR Manager, Operations Director and General Manager. Vicky leads with a strong belief that people are the foundation of a successful sustainability journey. With a track record of fostering inclusive, high-performing teams, Vicky champions a culture of continuous improvement, collaboration, and shared responsibility.



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Mike Finn, Facilities Director, Dexcom



Mike is the Dexcom Facilities Director based in Athenry, Galway, with over 30 years of experience in manufacturing and operations. He oversees site strategy and infrastructure development, driving efficiency, sustainability, and strong team performance. Mike is currently involved in the establishment of Dexcom's new manufacturing facility

in Athenry - an investment expected to create over 1,000 jobs and expand the region's MedTech footprint.

Sharon McManus, Group Head of Sustainability, ESB



Sharon is the Group Head of Sustainability at ESB, where she leads the strategic direction on sustainability across the organisation. Sharon's role involves ensuring the delivery of sustainability strategies, related programmes, compliance and capability, and fostering a culture of sustainability across ESB. Prior to her current role, Sharon served as an

Engineer Corps Officer of the Irish Defence Forces for 27 years and has worked in both combat and infrastructural engineering environments at home and abroad including as the Defence Forces Energy Manager with responsibility for energy management throughout the land, sea and air domains of the Defence Force and as the European Defence Agency (EDA) Energy & Environment lead and the European Commission's Consultation Forum for Sustainable Energy in the Defence & Security Sector Lead. Sharon has a BE Civil Engineering degree from NUIG and a MEngSc Sustainable Energy Master's degree from UCC. She also has a MA in leadership Management and Defence studies from the Military College and NUIM. She is currently undertaking an MBA with Smurfit Business School, UCD. Sharon has served on four overseas deployments with the Irish Defence Forces including Liberia, 2005; Kosovo, 2006, Chad, 2010 and Lebanon, 2021.

Laura Greaney, Business Development Manager, ABC Nutritionals



Laura Greaney is Business Development Manager for ABC Nutritionals, a contract manufacturer of powder blends for the international sports nutrition, health & wellness and weight management markets. As a major consumer of dairy ingredients, ABC Nutritionals sources most of its supply from Ireland. When demand cannot be met locally, European

sources are used to minimise transportation distance. Laura has a decade of experience in the nutrition industry and works with global brands to create and develop products suited to their target market's needs. Laura has played a pivotal role in the movement to sustainable packaging within the company, which now equates to 94% of the overall materials used. Additionally Laura worked to bring Irish health & wellness brands to market in recent years, working to promote home grown businesses.

Emma Ryan, EHS Specialist, Aerogen Ltd



Emma is an accomplished Environment, Health & Safety (EHS) Specialist at Aerogen Ltd, where she has been driving EHS initiatives for over four years. With more than a decade of experience in the EHS field, Emma brings extensive expertise in regulatory compliance, risk assessment, and the implementation of sustainable

operational practices. Throughout her career, Emma has demonstrated a strong commitment to fostering safe and environmentally responsible workplaces. At Aerogen, she has played a pivotal role in advancing sustainability programmes, enhancing safety culture, and ensuring adherence to evolving environmental regulations. Her proactive approach and cross-functional collaboration have contributed significantly to Aerogen's sustainability goals and corporate responsibility objectives.



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Shane Cooke, Director of Engineering, AIR Shannon (Formerly Modular Automation)



Shane has over 25 years' experience in the medical device and automation industry. He sits on the senior leadership team for AIR Shannon, with responsibility for all engineering disciplines including operational quality. Shane provides strategic and technical leadership for large automation programmes supplying MNC customers around the globe.

Prior to joining AIR Shannon, he has served in multiple technical and management roles in Boston Scientific Galway over a 20-year period. With a passion for driving efficiency, technology adoption and finding new and better ways to do things, Shane leads the sustainability program for AIR Shannon.

John Mulleady, Managing Director, AiP Thermoform Packaging



John is the owner and Managing Director of AiP Thermoform Packaging, a leading provider of innovative thermoform packaging solutions. With 27 years of experience in the packaging industry, John has dedicated his career to advancing the development and production of high-quality thermoformed packaging for a wide range of industries, including

pharmaceutical, electronic, and healthcare sectors. Under John's leadership, AiP Thermoform Packaging has established itself as a frontrunner in the field, known for its commitment to innovative, and customer-centric service. John is deeply committed to reducing the environmental impact of packaging solutions and driving the company's growth by offering his customers the most up-to date options and eco-friendly practices. With his hands on approach, John is focused on building strong relationships with clients, fostering a culture of excellence and continuous improvement at AiP. John is a strong advocate for sustainability and is actively involved in initiatives aimed at reducing waste and environmental impact.

Gavin O'Mahony, EHS & Facilities Manager, Cook Medical



An experienced environmental, health and safety and facilities professional, Gavin has over 5 years of experience in the medical device industry, with academic qualifications in both civil engineering and mechanical engineering. He plays a central role in driving Cook Medical's environmental and sustainability agenda, overseeing the company's ISO 14001

(Environmental Management) and ISO 50001 (Energy Management) certifications. Gavin leads key elements of the "Cook Green Sustainability Program," working to enhance operational efficiency, reduce environmental impact, and promote sustainable practices across the site. His multidisciplinary engineering background and practical leadership have been instrumental in embedding a culture of environmental responsibility and continuous improvement within Cook Medical's operations.

Anthony McGarry, Global Director CPS Energy Management, Coca Cola, Ballina



A distinguished Director of CPS Energy operating out of Coca-Cola's Ballina facility with responsibilities for 19 sites to achieve Net Zero Carbon (Scope1 & 2) by 2030, Anthony has over 25 years of expertise in the energy sector. With an MSc in Energy Management from IT Sligo, where he graduated with first-class honours, Anthony is also a certified energy

auditor with SEAI. His career journey includes roles as an electronics engineer in the computer manufacturing industry and as the owner of his own energy company. He has led energy business development for notable firms such as RPS and Aramark and has provided consultancy services for SEAI across SME & LIEN sectors. Since joining the Coca-Cola Ballina team in 2014, Anthony has been pivotal in driving the company's strategic initiative to achieve Net Zero Carbon Emissions for Scope 1 & 2 by 2030. Throughout his career, he has conducted over 700 energy audits across various sectors. He holds proficiency in ISO 50001, Monitoring & Targeting (M&T), energy efficiency, sustainability, and diverse renewable energy sources including biomethane, hydrogen, wind and wave energy.



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Eamon Foley, EHS lead, Astellas Ireland (Kerry)



With a BSc in Environmental Science, and a Certificate in Health and Safety, Eamonn is current EHS lead for Astellas Ireland (Kerry Plant) based in Killorglin Co. Kerry. He has been at the forefront on implementing key strategic goals on sustainability at Astellas since 2006. Eamonn has helped Astellas decarbonise the built environment,

build climate resilience, promote and protect biodiversity, and embed circular economy principles. He has been instrumental in looking at new and exciting ways to reducing the environmental footprint of the plant by creating closed-loop systems for waste, implementing a water stewardship programme and being the force behind the drive of onsite renewable energy generation.

Keynote Speaker

Gary Keegan, CEO, Uppercut



Gary is the leading high performance advisor for business & sport across a diverse range of industries & sporting associations globally. Gary's experience & achievements are unparalleled. A former Director of the Irish Institute of Sport & High Performance Director with the IABA's High Performance Boxing Programme.

Gary was the driving force behind previously unseen success for Irish teams and athletes on European, World and Olympic stages. Gary formerly sat on the IRFU National Professional Games Board and Chaired Cricket Ireland's High Performance Advisory Group. Gary is currently the Performance Coach to Ireland's Senior Men's Rugby Team and the Cork Senior Men's Hurling Team.

Outside of the sporting arena, Gary works with leading organisations, CEOs & Executive teams, enabling them to develop the same culture of winning that he has achieved with Olympians, professional sports teams, All Ireland & World Champions.

Gary lectured on Leadership, High Performance Systems, and Strategy at the London Business School, Smurfit Business School, and at the Irish Management Institute.

From sports stadiums to the boardroom, Gary's unique thinking on high performance has inspired a culture of excellence in execution that is at the foundation of what Uppercut do. We continue to support, and to learn from, our valued clients for whom we will always be in their corner.



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**Mid-West
Sustainability Network**

The Mid-West Sustainability Network was formed for CEOs and senior executives in member companies who are tasked with leading their organisations' sustainability strategies.



It was set up to create the space, time, and an environment to support the thinking, reflection, sharing of ideas, best practices, planning, implementation, and attainment of sustainability goals in member companies.

Its purpose is to support Chamber members in their sustainability journeys and in the delivery of their sustainability goals, focusing on four key areas = (S4)



Waste



Water



Energy



Biodiversity

Mid-West Sustainability Week is a key initiative in the endeavour to position Shannon and the region as an exemplar contributor to sustainable development.

To BOOK YOUR PLACE at any of the Sustainability Week events, including the S4 Conference, log onto:

www.shannonchamber.ie/events-training/

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