

# 'Future You' Event

Empowering executives to build a successful life plan



**METIS IRELAND**  
HONEST EXPERIENCED FINANCIAL PLANNING

# Your future. In your hands.

You make your company what it is. You provide the inspiration, the leadership and the drive. But how do you want the years ahead to play out? And have you really had time to think about how that will work for you, your family or your company?

Succession planning doesn't happen by accident. It takes careful thought and vision. It takes collaboration and expertise. It takes time.

So right now, we're inviting you to spend some time in the inspiring surroundings of the Armada Hotel, as we lead you on a journey of discovery. Where we help you map out your future – and understand how that fits into the future of your company.

**"Having been part of a management team where every day was full-on with 100% focus on the business and shareholders, very little time was available for considering my plans. An event like this would have been a welcome aid."**

– TOM TIERNEY  
FOUNDER, MILLENNIUM BUSINESS SOLUTIONS.  
PROVIDING C-LEVEL SUPPORT SERVICES TO BUSINESSES.



## WHAT IT OFFERS INDIVIDUALS

- It's an opportunity to take time out to start planning for your future.
- To speak to highly experienced people who have been where you are now and engage with experts on financial, lifestyle, wellbeing and legal matters.
- To allow you time to think about your role and progression within the company – and how that will shape the years ahead for you and your family.

## WHAT IT OFFERS COMPANIES

- This is a unique opportunity to give your senior people the time to consider their family's future – and understand how your company fits into it.
- To show you value your executive's contribution and care about their wellbeing
- To allow your valued people engage with and develop your company's succession plan.
- Giving your executives the peace of mind regarding their future so they can give their best your company now.

# Your next big life event

Whether you're thinking about exiting your company in one, five or ten years' time, the time to plan for it is now. And this is the event that will help you do it.

**WHAT:**

Metis Ireland Future You event

**WHERE:**

Armada Hotel, Co Clare

**WHEN:**

Monday 5th and Tuesday 6th September 2022

**COST:**

€1000\* per executive, exclusive rate.  
All accommodation and food is included.  
You may bring your partner free of charge.

With a host of incredible and knowledgeable speakers, this is sure to be a fascinating and eye-opening couple of days. And a great opportunity for you to take some time out, either alone or accompanied by your partner, to explore how you want your future to play out.

This event will also help you build a realistic and robust plan – a fantastic tool to introduce your thinking to colleagues. Because this isn't just about you – it's about the future success of your company too.

\*Plus VAT



**THE ARMADA HOTEL**

There's no better place to feel inspired than this glorious hotel that lets you share in the sights, sounds, tastes and wild beauty of this dramatic coastline. Experience rooms styled by the best Irish designers, toiletries infused with locally harvested seaweed, and a menu inspired by the most stunning local ingredients imaginable. Come. Stay. Plan your future.

# Be inspired

Metis Ireland has pulled together some incredible speakers to help you kick-start your succession planning journey.



**SUSAN WALSH**  
FUTURE YOU EVENT HOST

Susan is a Private Client Manager at Metis Ireland, where she guides clients through their financial journey to help them achieve their goals. She will be your host and facilitator for the Future You event.



**TOMMY GEARY**  
CO-FOUNDER OF CINCO COACHING  
AND CONSULTING

As Senior Vice President of Global Sales Operations for Hewlett Packard, Tommy led a team of over 5,000 people across 100 locations. Today he's enjoying semi-retirement as an Executive Coach.



**MUIRIS GAVIN**  
PRINCIPAL SOLICITOR,  
DERMOT G O'DONOVAN SOLICITORS

Muiris oversees the Probate and Estate department at the firm, which includes a registered Trust and Estate Practitioner (T.E.P) and membership of STEP, the worldwide professional association for those advising families across generations. Muiris is also an Associate of the Institute of Taxation in Ireland, having previously worked with a Big Four accountancy firm.



**GERALDINE MURPHY**  
FOUNDER OF EVOLUTION PARTNERS  
CONSULTING AND COACHING

A highly accomplished CEO in the biopharmaceutical industry, with more than 30 years' global experience. Geraldine is now focused on coaching senior leaders to develop the competencies and behaviours essential to organisational success.



**CARL WIDGER**  
MANAGING DIRECTOR,  
METIS IRELAND

Carl is a veteran of financial planning and wealth management, with more than 25 years' experience of helping people live their best life.



**JOE O'CONNOR**  
LECTURER AND FOUNDER OF NISUS

As well as lecturing Exercise Physiology and Performance Nutrition at the Munster Technology University, Joe's hybrid fitness company works with clients to improve their life and workplace performance through exercise and nutrition.



**DENIS DOYLE**  
BOARD CHAIR TYNDALL NATIONAL INSTITUTE, NED, EXECUTIVE COACH

With over 30 years in the semiconductor industry, Denis has served as Fellow, Vice President and as the Ireland GM of Analog Devices. Denis now enjoys a portfolio career as board chair, company director, strategy consultant and executive coach.



**PATRICK RYAN**  
ASSOCIATE VICE PRESIDENT,  
UNIVERSITY OF LIMERICK

Patrick is a Chartered Clinical Psychologist, working as Associate Vice President at the University of Limerick. As a clinician, author, lecturer, researcher and strategic leader, he uses scientific frameworks to enhance mental health functioning across the lifespan.



**TOM TIERNEY**  
FOUNDER, MILLENNIUM BUSINESS SOLUTIONS. PROVIDING C-LEVEL SUPPORT SERVICES TO BUSINESSES.

A chartered accountant with a Diploma in Business Strategy, who as CFO and COO of Lifes2Good, saw the Viviscal Hair supplement brand grow and finally be sold for €150.0m in 2017.



**INTRODUCING YOUR AFTER DINNER SPEAKER**

John Burke is the Managing Director of a tourism portfolio in Co. Clare, including the incredible Armada Hotel. He has also reached the summit of Mount Everest, an adventure that he says benefited his body, mind and business. If you have a head for heights, you'll find his stories completely enthralling.

# Can you afford to miss this?

This is one business investment that's sure to reap dividends. It will help you and your family understand how you want your future to look, taking away the emotional stress of the unknown. And it will ensure your company is in a great position to grow and thrive, long after you've moved onto pastures new.



## **SECURE YOUR PLACE NOW**

This is an exclusive event, only open to top-flight executives and their partners – and there are limited places at this wonderful boutique hotel overlooking the Atlantic. So, book now to avoid disappointment.

## **BOOK NOW**

<https://future-you-event.eventbrite.ie>

## **QUESTIONS?**

If there's anything you'd like to know about our Future You event before you book, please contact Susan Walsh on **061 518365** or email [events@metisireland.ie](mailto:events@metisireland.ie)

**“Sometimes the most successful people don't get a chance to properly plan for their future – they are just too busy. An event like this could really help you to take a step back and consider what actions to put in place for when you want to get off that work ‘treadmill.’ Enjoy the here and now, but secure your future.”**

– TOMMY GEARY  
CO-FOUNDER OF CINCO COACHING AND CONSULTING

**“This event will be of huge benefit to any Senior Executive who is at a stage in life where they are planning for 'the third act', both in terms of their executive and personal development and fulfilment. I wish I had this opportunity two years ago!”**

– GERALDINE MURPHY  
FOUNDER OF EVOLUTION PARTNERS CONSULTING AND COACHING